

St Philip's CofE Primary School







### Common Principles

- We all want what is best for our children
- We want to protect children and to keep them safe
- We want children to be healthy and happy





## Why the Curriculum is Changing....

- Today's children and young people are growing up in an increasingly complex world and living their lives seamlessly on and offline. This presents many positive and exciting opportunities, but also challenges and risks. In this environment, children and young people need to know how to be safe and healthy, and how to manage their academic, personal and social lives in a positive way.
- The Children and Social Work Act 2017 introduced a new legislation on Relationships Education, Relationships and Sex Education, and Health Education in Schools.
- Safeguarding Children is at the heart of Relationships and Sex Education.



Why is
Relationships
and Sex (RSE)
Education in
Schools
Important?

 High quality RSE helps create safe school communities in which students can grow, learn, and develop positive, healthy behaviour for life, and for the following reasons:

RSE plays a vital part in schools fulfilling their statutory duties to protect and safeguard their students.

Ofsted is clear that schools must have a preventative programme that enables students to learn about safety and risks in relationships.



# Why is Relationships and Sex (RSE) Education in Schools Important?

- Schools maintain a statutory obligation under the Children Act (2004) to promote their students' wellbeing and under the Education Act (2002) to prepare children and young people for the challenges, opportunities and responsibilities of adult life. A comprehensive RSE programme can have a positive impact on students' health and wellbeing and their ability to achieve, and can play a crucial part in meeting these obligations.
- Technology is evolving at a tremendous pace. The need to protect children and young people from inappropriate online content, cyberbullying and exploitation is a growing concern. A comprehensive RSE programme can support in addressing these issues.

# Relationships and Sex Education: Introduction

- Relationships education is compulsory for all primary age pupils and has been since September 2020.
- Health education will be compulsory for all pupils in all state funded schools.
- Teaching at school will complement (NOT REPLACE) and reinforce the lessons families teach their children as they grow up.
- At St Philip's, we aim to flexibly and inclusively deliver any content in a way that is age and developmentally appropriate with respect to the backgrounds and beliefs of pupils and parents while always with the aim of providing pupils with the knowledge they need of the law.

### Relationships Education in Primary Schools.



- Relationships Education is introduced at Primary and children explore the following areas:
- Families and people who care for me
- Caring Friendships
- Respectful Relationships
- Online Relationships
- Being Safe





# Physical Health and Mental Well Being in Primary Schools.

- The aim of teaching pupils about physical health and mental wellbeing is to give them information they need to make good decisions about their own health and wellbeing with a clear focus on reducing stigma attached to health issues.
- In primary school the focus should be on teaching the characteristics of good physical health and mental wellbeing and the benefits of hobbies, interests and participation in their own communities. By embedding these principles teachers should be able to address issues such as isolation, loneliness, unhappiness, bullying and the negative impacts of poor health and wellbeing.
- Physical Health and Mental Well Being Teaching in Primary school includes learning units around Mental Wellbeing, Internet Safety and Harm, Physical Health and Fitness, Drugs/Alcohol/Tobacco/Basic First Aid/Changing Adolescent Body



# Overview of Teaching Expectations: Primary

- Relationships Education (Primary)
- Families and People who care for me, Caring Friendships, Respectful Relationships, Online Relationships, Being Safe
- Physical Health and Mental Well Being (Primary)
- Mental Wellbeing, Internet Safety and Harms, Physical Health and Fitness, Healthy Eating, Drugs, alcohol and tobacco, Health and Prevention, Basic First Aid, Changing Adolescent Body



### Whole School Approach

- All of these subjects should be and are set in the context of a wider whole-school approach to supporting pupils to be safe, happy and prepared for life beyond school.
- For example, the curriculum on relationships and sex should complement, and be supported by, the school's wider policies on behaviour, inclusion, respect for equality and diversity, bullying and safeguarding.
- At the heart of Relationships Education, Relationships and Sex Education and Health Education, there is a focus on keeping children safe and the role that schools can play in preventative education.



St. Philip's



#### RSE Policy

- A RSE Policy has been drawn to reflect current statutory guidance including RSE curriculum offer.
- We will send out a copy of the policy with this power point.





## Support for parents and carers.

- DfE has produced guides for parents of primary and secondary aged children which can be used by schools to communicate how relationships and health education will be taught. The guides provide details of topics that will be covered and information of parent's rights to withdraw. (DfE, 2019).
- You may access relevant guides following the link below
- https://www.gov.uk/government/publications/relations hips-sex-and-health-education-guides-for-schools
- These will also be accessible on the School Website.



#### Any questions?

- Any questions?
- On the website you will find some information to help you
- Please read the Frequently asked questions sheet
- Please read the parent information sheet
- Please read our RSE policy
- Please contact Mrs C Whelan if you have any questions.