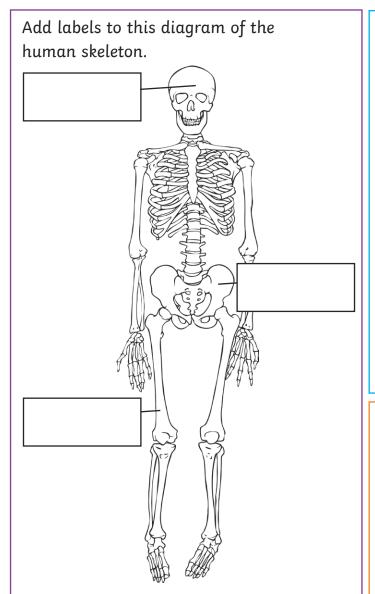
## Year 3 Animals, Including Humans



Draw a line from the nutrient to the job it does.

carbohydrates

provides energy

protein

keeps you healthy

fibre

fats

vitamins and minerals and repair

helps growth

help to digest food

provides energy

What **three** jobs does the skeleton do?

1.

2. \_\_\_\_\_

3. \_\_\_\_\_

What is the term used to describe an animal that does not have a backbone?

Circle the type of fat that is less healthy and should only be eaten in small amounts.

saturated fats

unsaturated fats



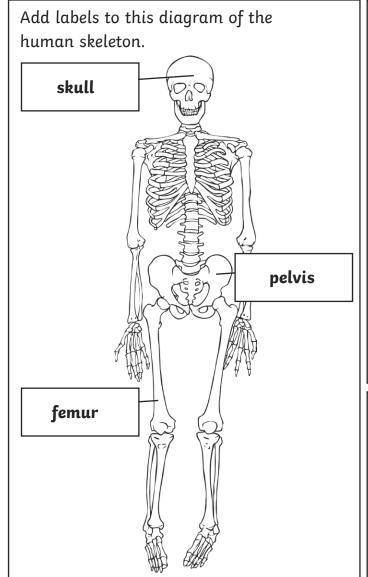
## Year 3 Animals, Including Humans

Draw a line from the food to the nutrient Fill in the missing words. Write **true** or **false** after each of it contains. these sentences. Skeletal muscles work in fibre pasta Like plants, animals can make to move the bones they are attached to. They their own food. carbohydrates chicken do this by \_\_\_\_\_ (getting apple protein shorter) and \_\_\_\_\_ Animals need food, air and water (getting longer). fats olive oil to stay alive. wholegrain cereal vitamins Draw a line from the animal to the type of skeleton it has. Fill in the missing words using either voluntary or All fats are unhealthy and should doa involuntary. only be eaten in very small endoskeleton The heart pumping is an example of amounts. scorpion \_\_\_\_\_ muscle movement. Lifting a weight is an example of exoskeleton human muscle movement. Water is needed to carry nutrients jellyfish Kicking a ball is an example of \_\_\_\_\_ hydrostatic to cells around the body. skeleton muscle movement. earthworm Digestive system muscles digesting food is an example of \_\_\_\_\_ muscle movement. lobster





## Year 3 Animals, Including Humans Answers



Draw a line from the nutrient to the job it does.

carbohydrates

provides energy

keeps you healthy

fibre

helps growth
and repair

fats

help to digest food

vitamins
and minerals

provides energy

What **three** jobs does the skeleton do?

- 1. The skeleton protects the vital organs inside the body.
- 2. The skeleton works with the muscular system to allow the body to move.
- 3. The skeleton holds the body up and stops it from falling to the floor.

What is the term used to describe an animal that does not have a backbone?

invertebrate

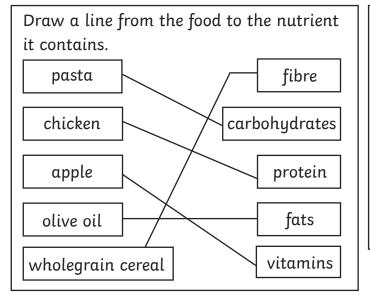
Circle the type of fat that is less healthy and should only be eaten in

saturated fats

unsaturated fats



## Year 3 Animals, Including Humans Answers



Skeletal muscles work in \_\_pairs

to move the bones they are attached to. They

do this by \_\_contracting \_\_\_\_\_ (getting shorter) and \_\_relaxing \_\_\_\_\_ (getting longer).

Write **true** or **false** after each of these sentences.

Like plants, animals can make their own food.

false

Animals need food, air and water to stay alive.

true

All fats are unhealthy and should only be eaten in very small amounts.

false

Water is needed to carry nutrients to cells around the body.

true

Fill in the missing words using either voluntary or involuntary.

The heart pumping is an example of

<u>involuntary</u> muscle movement.

Lifting a weight is an example of

**voluntary** muscle movement.

Kicking a ball is an example of **voluntary** muscle movement.

Digestive system muscles digesting food is an example of <u>involuntary</u> muscle movement.

