

Information about CAMHS provision.

CAMHS will continue to operate a service to support children and young people.

All children and young people who are currently supported by CAMHS will continue to receive this support. As long as they are symptom free for coronavirus, they will still have a face to face consultation. Where they have any identified symptoms they will have their consultation by telephone.

The Duty remains that all teams will operate an 'at Risk' Register of young people that they will keep in touch with.

All new referrals will continue to be accepted, screened and an offer made. This will be by face to face or telephone, depending upon symptoms/risk.

Sara Yunus (CAMHS school lead) can also be contacted for advice if necessary by school mental health leads. 0161 701 2545

Contact numbers for CAMHS locally are:

North Manchester CAMHS 0161 203 3250/3255 - Service Manager Peter Darley
Central Manchester CAMHS 0161 701 6880 - Service Manager Christian Loney
South Manchester CAMHS 0161 902 3400 - Service Manager Lorna Taylor

CAMHS would like to share the following links as useful guidance at this time.

Covid-19 / Coronavirus Resources

BPS guidance - <https://www.bps.org.uk/news-and-policy/talking-children-about-coronavirus>

BACP guidance around managing anxiety - <https://www.bacp.co.uk/news/news-from-bacp/2020/28-february-coronavirus-anxiety-how-to-cope-if-you-re-feeling-anxious-about-the-outbreak/>

Anna Freud links - ***Supporting schools & colleges: A guide to supporting the mental health and wellbeing of pupils and students during periods of disruption*** There are also three videos, one for **school staff**, one for **parents** and one for **children and young people** which may be useful.

Liverpool CAMHS resource - <https://wakelet.com/wake/564d7bc8-4bc9-462f-a9e1-2deb03150c3>

National Autistic Society – guidance and helpline for parents', young people and staff: [https://www.autism.org.uk/services/nas-schools/vanguard/news/2020/march/coronavirus-\(covid-19\)-advice.aspx](https://www.autism.org.uk/services/nas-schools/vanguard/news/2020/march/coronavirus-(covid-19)-advice.aspx)

Mencap - Easy Read guide to Coronavirus:
<https://www.mencap.org.uk/sites/default/files/2020-03/Information%20about%20Coronavirus%20ER%20SS2.pdf>

Place2Be – Guide to helping parents answer questions from their children and to support family wellbeing: <https://www.place2be.org.uk/about-us/news-and-blogs/2020/march/coronavirus-information-for-children/>

Young Minds - Talking to your child about Coronavirus and 10 tips from their Parents Helpline to support family wellbeing: <https://youngminds.org.uk/blog/talking-to-your-child-about-coronavirus/>

Carers UK - Guidance for carers: <https://www.carersuk.org/help-and-advice/health/looking-after-your-health/coronavirus-covid-19>

Covibook – an interactive resource designed to support and reassure children aged 7 and under, designed to help children explain and draw the emotions that they might be experiencing during the pandemic: <https://www.mindheart.co/descargables>

Amaze - information pack for parents <https://amazesussex.org.uk/faqs-about-the-coronavirus-for-parent-carers-of-children-with-send-brighton-hove/>

Public Health England have produced an easy read version of their [Advice on the coronavirus for places of education](#). You can download it here: <https://www.publichealth.hscni.net/sites/default/files/2020-03/V4%20Coronavirus%20advice%20for%20schools%20poster%20020302%20EDU15.0.4%20%282%29.pdf>